# **Practice quality standards**



Living the life you want to live — improving outcomes for the people we support.

### Safe & Well

I support people to develop good relationships and networks of support, staying safe and maintaining a healthy, inclusive lifestyle.

I take a connected, whole family approach, that identifies mental health issues or any Safeguarding concerns.

I recognise my responsibility to identify children who may be at risk of harm. I can identify people who need early intervention, and those who need support now or in the future to help them plan ahead.

I can identify young carers, understanding their role and supporting them to manage this appropriately.

I work actively with the person to set goals together, and work to remove any barriers to make sure their goals are achievable.

I how with partner organisations who may be better placed to support people.

Inderstand the range of procedures available that help to safeguard people.

I challenge all forms of racism and discrimination.

#### Aspire & Achieve

I use a strengths-based approach and see what's strong (not what's wrong). I aim to support people to improve their wellbeing.

I show my commitment to developing myself and others, sharing knowledge and expertise with my colleagues.

I critically reflect on my practice with peers, managers, and partners.

I make good and emotionally intelligent use of supervision and support.

I acknowledge the person's hopes, aspirations, and outcomes.

I listen to and learn from feedback.

I challenge poor practices and processes and try to improve them in constructive ways.

I make evidence informed interventions with people and their carers to improve lives.

I develop and innovate to promote people's independence.

I learn from my experiences to improve how I practice.

- I make sure I complete all mandatory training required.
- I take responsibility to meet the required professional standards.

# Active & Independent

I support people so they can do what matters to them, including working, volunteering, education and training.

I work closely with the person when necessary, and step back when they're able to live the life they choose.

I have honest, timely and open financial conversations with people.

I help people to understand their finances and explore the range of options for paying for support, including direct payments and grant funding, to give people control over their lives.

I identify and support people to take risks and promote ways of managing these positively.

I take into account people's communication needs, so conversations can explore fully their wishes and feelings, and what matters to them.

I support the person's decision-making, recognising when they are not able to make a decision.

## Efficient & Effective

I build constructive and influential working relationships with people, professionals and partner organisations.

I co-produce intervention and support with the person.

I provide the person with a copy of their assessment.

All my practice is consistent with the principles of dignity, fairness, equality and respect.

I can assess and balance risk, providing clear rationale for decisions.

I record the work I do factually, proportionately, sensitively and in a timely manner, using our IT systems.

I act responsibly when using public funds.

I protect people's information and share only on a need-to-know basis.

I work with partners to make sure there are options for high quality support. I am honest about what we can and cannot do to support people, promoting their right to complain and provide feedback.

I am helpful and responsive, reducing handoffs and work together in the background to provide timely support.

I know my legal responsibilities.

#### Sheffield City Council Adult Social Care





People are at the centre of my practice. I have an active role in the neighbourhoods and communities of Sheffield. I encourage open and honest conversations. I consider how informal Carers voices can be recognised. I listen to the person, and anyone they ask me to include to help them. I check with the person how they want us to communicate with them.

I use communication aids, allowing time, and going at the person's pace. I recognise the person as the expert in their life.

I get help from independent and informal advocates, interpreters and culturally sensitive support when required.

I use plain language to communicate, and record information accurately and succinctly.

I do not pre-judge or make assumptions based on diagnosis, heritage, age, or any other factors.

Feedback &

Suggestions

We welcome your feedback and suggestions. Please email: adultspractice@sheffield.gov.uk. Page 74

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